

## 7U & 9U JV ONLY Divisions

As of 1.1.22

The following provisions apply to the 7U Division level and ONLY for post season.

- a) Timing shall be four 10 minute quarters just like normal Varsity play.
- b) Add 40 second play clock.
- c) Three (3) timeouts per half.
- d) Two coaches per team allowed on the field. MUST stay out of way of play.
- e) There is NO kicking game (kick-offs). Offensive team starts on own 40-yard line. Penalties from PAT carry over.
- f) Punting is allowed outside of the opponents 35-yard line. A 15-yard walk-off or a dead ball punt option is allowed. Team will have the option to have a player drop back 5 yards and have a free punt. There is no center snap. There is no defensive rush allowed. The ball is dead where it rests; caught or touched by the receiving team. Return team must be in the acceptable defensive formation (6/2 - Cover 1/3 with 2 ILB, 2 CB 5 yards from LOS with FS being only exception being permitted to roam free.
- g) After a safety, the ball is moved to the 40-yard line.
- h) No Blitzing AT ALL. LB delayed blitz NOT allowed... must be 5 yards from LOS at time of snap.
- i) Interceptions Play Out as normal.
- j) Fumbles: Play Out as normal; however, defense may not gain possession of a fumble initiated behind LOS.... simple loss of down and NOT turnover
- k) Defense must be "6-2". 6 linemen; 2 Linebackers, 2 cornerbacks, 1 safety. LB & CB **starts 5-yards from LOS** and CB 5-yards outside of last player on line. Safety starts 10-yd from LOS.
- l) No defensive player may lineup in the "A" gaps or directly over the center.
- m) No QB sneaks